RADIANT Questionnaire Section 3

You have completed 2 sections so far and have 3 to go!

This section asks questions about your diabetes history. Please answer the questions below and then continue to the next section.

Note: If you are completing this questionnaire on behalf of the study participant, "you" means "the study participant".

Current Status

Which of the following best describes your diabetes status currently?

- o I currently have diabetes
- I have been diagnosed with diabetes in the past, but do not <u>currently</u> have diabetes (e.g. gestational diabetes or other diabetes diagnosis in the past, but not currently requiring treatment)
- o Don't Know
- o Prefer Not to Answer

What is your current height? _____ feet _____ inches

- o Don't Know
- o Prefer Not to Answer

What is your current weight? _____ pounds

- o Don't Know
- o Prefer Not to Answer

Diabetes History

Please select ALL types of diabetes you were ever told that you have:

- □ Type 1 diabetes
- □ Type 2 diabetes
- □ MODY (maturity-onset diabetes of the young)
- □ Neonatal diabetes (diabetes that started under 6-12 months of age)
- □ Gestational diabetes
- Ketosis-prone diabetes (have DKA at diabetes diagnosis, but are not like typical type 1 diabetes)
- □ Stress-related/steroid-induced/medication-induced diabetes
- □ Pre-diabetes
- □ Lipodystrophy/lipoatrophic diabetes
- □ Suspected syndromic diabetes Wolfram Syndrome, mitochondrial diabetes
- □ Other

Other type of diabetes: _____

□ Don't Know

Pre-diabetes Diagnosis

<u>Pre-diabetes is borderline high blood sugars or HbA1c that are below</u> the threshold for official diagnosis of diabetes.

Have you ever been told that you had pre-diabetes?

o Yes

o No

o Don't Know

o Prefer Not to Answer

If Yes, complete the questions below about your pre-diabetes:

When were you diagnosed with pre-diabetes? (Approximate date is okay.) (MM-DD-YYYY) o Don't Know o Prefer Not to Answer

How was your diagnosis of pre-diabetes established?

- o Fasting blood glucose of 100-125 mg/dL
- o HbA1c of 5.7- 6.4%
- o Oral glucose tolerance test (OGTT) showing impaired glucose tolerance test o I don't know which lab tests were done, but I was told I have prediabetes by a physician
- o Prefer Not to Answer

If you have a copy of the results of your pre-diabetes testing above, please attach it to this questionnaire.

Why were the blood tests for pre-diabetes performed? (Check all that apply.)

- □ I have a strong family history of diabetes
- □ My physical exam was abnormal and my physician suspected pre-diabetes
- □ I am overweight
- \Box Other reason

Please describe reason: _____

- □ Don't Know
- □ Prefer Not to Answer

Diabetes Diagnosis

Your blood sugar	at diagnosis (mg/dL):
o Don't Know	o Prefer Not to Answer

Your hemoglobin A1c (HbA1c%) at diagnosis: _____

o Don't Know o Prefer Not to Answer

Did you have ketosis (ketones in the urine and/or blood) or diabetic ketoacidosis (DKA) <u>when your diabetes was first diagnosed</u>? (DKA *is a serious condition that leads to hospital admission. Sugar and ketones become very high and produce acid in the blood. In the hospital, insulin is given through a vein ("drip") until the patient recovers).*

- o Yes
- o No
- o Don't Know
- o Prefer Not to Answer

Your approximate	height at diabetes diagnosis:	feet	inches
o Don't Know	o Prefer Not to Answer		

Your approximate weight at diabetes diagnosis: ______ pounds o Don't Know o Prefer Not to Answer

Diabetic Ketoacidosis (DKA) and Ketosis History

Diabetic ketoacidosis (DKA) is a serious condition that leads to hospital admission. Sugar and ketones become very high and produce acid in the blood. In the hospital, insulin is given through a vein ("drip") until the patient recovers.

Have you had any DKA or ketosis after your initial diabetes diagnosis?

- o Yes DKA
- o Yes ketones, but not DKA
- o No
- o Don't Know
- o Prefer Not to Answer

If Yes:

How many times have you had DKA after
timesyour initial diabetes diagnosis?______timesoDon't KnowoPrefer Not to Answer

List approximate dates: _____ o Don't Know o Prefer Not to Answer

If No:

Since your initial diabetes diagnosis, have you ever gone more than 1-2 weeks without your usual diabetes treatment (or missed most of your medication doses) and still not had any ketosis or DKA? o Yes o No

- o Don't Know
- o Prefer Not to Answer

HbA1c History

What was your HIGHEST HbA1c% ever? If you do not remember the exact result, you can estimate.

o Don't Know o Prefer Not to Answer

Date of highest HbA1c: If you do not remember the date, you can

estimate._____ (MM-DD-YYYY) o Don't Know o Prefer Not to Answer

What was your MOST RECENT HbA1c%? If you do not remember the exact result,

you can estimate. _____ o Don't Know o Prefer Not to Answer

 Date of most recent HbA1c:
 If you do not remember the date, you can estimate.

 estimate.
 (MM-DD-YYYY)

 o Don't Know
 o Prefer Not to Answer

Diabetes Treatment History

Have you ever taken any medications for diabetes, prediabetes, or high blood sugar since your diagnosis?

- o Yes
- o No
- o Don't Know
- o Prefer Not to Answer

If No, please continue on to 'Other Medications' section.

If Yes:

What medications have you taken for diabetes, prediabetes, or high blood sugar since your diagnosis?

Medication Name	Have you ever taken this medication?	Did you take this in the first 6 months after you were diagnosed?	Are you currently taking this medication ?	Did this medication work well to lower your high blood sugars?	Please list any notes for this medication (side effects, why you stopped the
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					medication, etc.):
Long-acting insulin	o Yes	o Yes	o Yes	o Yes, it	
	o No	o No	o No	worked well	
Such as degludec	o Don't Know	o Don't Know	o Don't	o It did not	
(Tresiba), determir	o Don e naion		Know	seem to	
(Levemir), glargine (Lantus), Humulin N,				change my	
Novolin N, or NPH				blood sugars	
				or I was still	
				having high	
				blood sugars	
				o It made me	
				frequently	
				hypoglycemic	
				o Don't Know	
Intermediate-acting	o Yes	o Yes	o Yes	o Yes, it	
insulin	o No	o No	o No	worked well	
Such as Llumulin D	o Don't Know	o Don't Know	o Don't	o It did not	
Such as Humulin R, Humulin 50/50,			Know	seem to	
Humulin 70/30,				change my	
Novolin R, Novolin				blood sugars	
70/30, Regular				or I was still	
				having high	
				blood sugars	
				o It made me	
				frequently	
				hypoglycemic	
				o Don't Know	
Rapid-acting	o Yes	o Yes	o Yes	o Yes, it	
insulin	o No	o No	o No	worked well	
Such as glulisine	o Don't Know	o Don't Know	o Don't	o It did not	
(Apidra), lispro			Know	seem to	
(Humalog), aspart				change my	
(Novolog), Humalog				blood sugars	
mix 50/50, Humalog				or I was still	
mix 75/25, Novolog				having high	
mix 70/30				blood sugars	
				o It made me	
				frequently	
				hypoglycemic	

				o Don't Know
Biguanides Such as metformin (Glucophage, Glucophage XR, Fortamet, Glumetza, Riomet)	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes, it worked well o It did not seem to change my blood sugars or I was still having high blood sugars o It made me frequently hypoglycemic o Don't Know
Sulfonylureas Such as glipizide (Glucotrol, Glucotrol XL), glyburide (Micronase, Glynase, Diabeta), glimepiride (Amaryl), tolbutamide (Orinase)	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes, it worked well o It did not seem to change my blood sugars or I was still having high blood sugars o It made me frequently hypoglycemic o Don't Know
Meglitinides Such as repaglinide (Prandin), nateglinide (Starlix)	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes, it worked well o It did not seem to change my blood sugars or I was still having high blood sugars o It made me frequently hypoglycemic

				o Don't Know
Thiazolidinediones	o Yes	o Yes	o Yes	o Yes, it
(TZDs)	o No	o No	o No	worked well
0 1 1	o Don't Know	o Don't Know	o Don't	o It did not
Such as			Know	seem to
rosiglitazone (Avandia),				change my
pioglitazone (Actos)				blood sugars
				or I was still
				having high
				blood sugars
				o It made me
				frequently
				hypoglycemic
				o Don't Know
Dipeptidyl	o Yes	o Yes	o Yes	o Yes, it
peptidase-4	o No	o No	o No	worked well
inhibitors (DPP-4 inhibitors)	o Don't Know	o Don't Know	o Don't	o It did not
			know	seem to
Such as sitagliptin				change my
(Januvia), saxagliptin				blood sugars
(Onglyza), linagliptin				or I was still
(Tradjenta), alogliptin				having high
(Nesina)				blood sugars
				o It made me
				frequently
				hypoglycemic
				o Don't Know
Sodium-glucose	o Yes	o Yes	o Yes	o Yes, it
co-transporter 2 inhibitors (SGLT2	o No	o No	o No	worked well
inhibitors)	o Don't Know	o Don't Know	o Don't	o It did not
			Know	seem to
Such as canagliflozin				change my
(Invokana),				blood sugars
dapagliflozin (Farviga)				or I was still
(Farxiga), empagliflozin				having high
(Jardiance),				blood sugars
ertugliflozin				o It made me
(Steglatro)				frequently
				hypoglycemic
				o Don't Know

Incretin mimetics (GLP-1 receptor agonists) Such as exenatide (Byetta, Bydureon), liraglutide (Victoza), semaglutide (Ozempic, Rybelsus), dulaglutide (Trulicity), lixisenatide (Adlyxin), albiglutide (Tanzeum)	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes, it worked well o It did not seem to change my blood sugars or I was still having high blood sugars o It made me frequently hypoglycemic o Don't Know
Amylin analog Such as pramlinitide (Symlin)	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes, it worked well o It did not seem to change my blood sugars or I was still having high blood sugars o It made me frequently hypoglycemic o Don't Know
Alpha-glucosidase inhibitors Such as acarbose (Precose), meglitol (Glyset)	o Yes o No o Don't Know	o Yes o No o Don't Know	o Yes o No o Don't know	o Yes, it worked well o It did not seem to change my blood sugars or I was still having high blood sugars

				o It made me frequently hypoglycemic o Don't Know
Bile acid-binding	o Yes	o Yes	o Yes	o Yes, it
resins	o No	o No	o No	worked well
Such as colesevelam (Welchol)	o Don't Know	o Don't Know	o Don't Know	o It did not seem to change my blood sugars or I was still having high blood sugars o It made me frequently hypoglycemic o Don't Know

If you selected any insulin medications above -

When did you start taking insulin? (Approximate date is okay.)

___ (MM-DD-YYYY)

o Don't Know o Prefer Not to Answer

If you are currently taking insulin -

How many total units of insulin do you take on an average day? (In your calculation, please include all types of insulin taken daily. If you are using an insulin pump, please check your pump to see how many units you use per day. This can often be found under the 'History' section in your pump.)

o Don't Know

o Prefer Not to Answer

If you use an insulin pump and can download your pump settings and insulin doses from the last 7-14 days, please attach a copy of the download to this survey.

If you have taken insulin previously but are not currently taking insulin -

When did you stop taking insulin? (Approximate date is okay.)

_____ (MM-DD-YYYY)

o Don't Know

o Prefer Not to Answer

Before you stopped taking insulin, how many total units of insulin did you take each day? (In your calculation, please include all types of insulin taken daily.)_____

o Don't Know

o Prefer Not to Answer

Other Medications

What other medications (non-diabetes) are you currently taking?

Medication Name	Dose	Times per day

If you have additional medications to report, please write the medication name, dose, and times per day for each medication on a separate sheet of paper and return it with this completed questionnaire.

o None o Don't Know o Prefer Not to Answer

Blood Sugar Testing

Do you follow your blood sugars in any way? Examples: monitoring with glucometer at home, hemoglobin A1c test, oral glucose tolerance test, etc.

o Yes

o No

o Don't Know

o Prefer Not to Answer

If Yes: Have you ever used a continuous glucose monitor?

- o Yes
- o No
- o Don't Know
- o Prefer Not to Answer

If Yes: If you have a continuous glucose monitor data download, please attach a copy of it to this questionnaire.

Thank you for completing this section! Please continue to the next section.